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DISCLOSURE STATEMENT

Welcome to Amani Mediation and Counseling. I would like to offer you the following background information in order that you have a clear understanding of what I have to offer, what rights you have, and what you need to know in order that you are informed and empowered throughout our working relationship.

My Certificates and Degrees: I hold certificates in the following areas: Child and Family Investigations (2011), Parent Coordination, (2011) Fundamentals of EAGALA (Equine Assisted Growth and Learning) Model Practice (2011), Core Mediation(2010), Divorce and Family Mediation(2011) 60 hour Mediation and ADR Internship (2011), and am a Mediators without Borders Certified Mediator (2011). I passed my National Certified Counselor Board Exam in 2012.

I have a: Master's in Education in Counseling, Colorado State University (2012); a Masters of Science in Land Resources/Cultural Ecology, University of Wisconsin-Madison,(1986); a Bachelors of Arts in English/Creative writing from the University of Wisconsin-Madison,(1983); I am a Certified Instructor with the United States Dressage Federation (1994).

Years of Experience: I started my professional private practice, Amani Mediation and Counseling Services LLC in 2011. I have been working as a mediator since 2010. Most of the mediations I have done have been within schools, and with families. I began doing equine assisted coaching in 2010 and began counseling individuals of all ages during my graduate school Practicum in 2009. I continue to work in the schools doing mediations and conflict resolution work as part of my private mediation and counseling practice. In 2012, Amani Mediation and Counseling began collaborating with Lincoln Middle School on the Open Door Project. This is an equine assisted life skills coaching program funded through the Bohemian Foundation to serve at risk youth and interrupt the intergenerational cycle of crime and poverty..

Who I am Regulated By: The Colorado Department of Regulatory Agencies has the general responsibility of regulating licensed psychologist, licensed social worker, licensed professional counselors, licensed marriage and family therapists, licensed school psychologist practicing outside of schools, licensed or certifies addiction counselors, and unlicensed individuals who practice psychotherapy.

The agency within the Department that has responsibility specifically for licensed and Registered Psychotherapists is the Department of Regulatory Agencies, Mental Health Section, 1560 Broadway, Suite 1350, Denver, Colorado 80202, (303) 894-7766.

Clients' Rights and Information: As a client you have the following rights, and access to the following information:

- a. You are entitled to receive information from me about my methods of therapy, the techniques I use, the duration of your therapy (if I can determine it), and my fee structure. Please ask if you would like to receive this information.
- b. You can seek a second opinion from another therapist or terminate therapy at any time.
- c. In a professional relationship (such as ours), sexual intimacy between a therapist and a client is never appropriate. If sexual intimacy occurs, it should be reported to the Department of Regulatory Agencies, Mental Health Section.
- d. Generally speaking, the information provided by and to a client during therapy/mediation sessions is legally confidential if the therapist is a licensed psychologist, licensed social worker, licensed professional counselor, licensed marriage and family therapist, licensed or certified addiction counselor, or a Registered Psychotherapist. If the information is legally confidential, the therapist cannot be forced to disclose the information without the client's consent. Information disclosed to a licensed psychologist, licensed social worker, licensed professional counselor, licensed marriage and family therapist, licensed or certified addiction counselor, or a Registered Psychotherapist is privileged communication and cannot be disclosed in any court of competent jurisdiction in the State of Colorado without the consent of the person to whom the testimony sought relates. There are exceptions to the general rule of legal confidentiality. These exceptions are listed in the Colorado statutes (C.R.S. 12-43-218). You should be aware that provisions concerning disclosure of confidential communications shall not apply to any delinquency or criminal proceedings, except as provided in C.R.S. 13-90-107. There are exceptions that I will identify to you as the situations arise during therapy.

Please know that I also will review cases with peers and a supervisor as needed. My supervisor is Brook Bretthauer located at 4115 E. Boardwalk, Ft. Collins By signing here, you are giving me permission to do so. Initial_____

Clients need to understand that if they participate in Equine Assisted sessions at Hearts and Horses, there anonymity cannot be assured. Hearts and Horses is a public space. By virtue of this, others may know that you are partaking in psychotherapy sessions. Initial_____

If you have any questions or would like additional information, please feel free to ask.

I have read the preceding information and understand my rights as a client / patient.

Client Signature_____ Date_____

Therapist/Mediator Signature _____ Date_____